



## DECEMBER 2025

- NEW ONBOARDING CLINIC
- INSIGHTS FROM THE OCT. 1<sup>ST</sup> PCN EVENT
- UPDATED NAVIGATION HANDOUT
- REMOTE CARE MONITORING
- AND MORE

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## The Great River Insider

A Newsletter for Primary Care Providers of the Great River Ontario Health Team (OHT)

## Shape Our New Onboarding Clinic – Join the Working Group!

We are excited to announce the development of a new Onboarding Clinic (Supported Attachment Clinic) to streamline the attachment of patients to primary care and reduce the administrative burden on Primary Care Network (PCN) members who have capacity. This clinic will be co-designed and will focus on addressing the Health Care Connect (HCC) waitlist through attachment to longitudinal, comprehensive primary care. To make sure this clinic meets your needs, we are inviting PCN members – MDs and NPs – to join a co-design working group. The group will meet for a limited 3–4 hour commitment, with remuneration available for eligible participants. **The first meeting is planned for January 2026.**

### WHY THIS MATTERS:

On October 15, 2025, the Ministry of Health announced \$22 million in funding over two years to help OHTs and PCNs attach patients to primary care, aiming to reduce the HCC waitlist by spring 2026. Supported Attachment programs – sometimes called centralized patient onboarding – help ease onboarding and ensure lasting attachment. Several OHTs across Ontario have already seen success with similar programs.

### GET INVOLVED:

By joining the working group, you can help shape the clinic to support your practice and patient needs. If you are interested in joining the working group, you are invited to reach out to [mcrabtree@wdmh.on.ca](mailto:mcrabtree@wdmh.on.ca).

## ADVANCING DIGITAL HEALTH: INSIGHTS FROM THE PCN EVENT

On October 1<sup>st</sup>, the Great River OHT hosted the PCN Digital Health Transformation Event in Moose Creek. We were thrilled to welcome more than 45 family physicians, nurse practitioners, and other professionals from across the region (and beyond!).

The day featured inspiring presentations from OntarioMD Peer Leaders Dr. Keith Thompson and Dr. Anish Mody, OntarioMD Chief Medical Officer Dr. Chandi Chandrasena, and the SGFP's Digital Health Lead Dr. Kevin Brophy. We also enjoyed engaging sessions with the OntarioMD and Amplify Care teams.

The presentations addressed digital health topics including: AI, automation & optimization, digital health innovations, and the future of digital health in Ontario. Participants then joined in a facilitated forum exploring the opportunities and challenges that could be realized with a single EMR in primary care and for the entire

health system. The session included plenty of time for networking and collaboration. [Click here to view a summary of the Single EMR Engagement Session.](#)

Thank you to our sponsors, OntarioMD and Ontario Medical Association, and to everyone who joined us to help shape the future of digital health in our region!



# Updated Navigation Handout for Patients and Families

The GR OHT has developed a **Navigation Services Pathways resource** to help community members connect more easily with local supports. This resource empowers individuals, caregivers, and care providers to find the right health and social services to meet their needs.

The resource is organized around key themes:

- Crisis Lines
- General Supports
- Health
- Mental Health & Substance Use
- Children & Youth
- Seniors & Disabilities

Download the updated version now and share with your patients, clients, families, and caregivers:

- English: <https://groht.ca/navigation/>
- Français: <https://esogf.ca/navigation/>

**Navigation Services**

**Crisis Lines**

- Mental Health Crisis Line & Local Crisis Team**  
1-866-996-0991  
www.crisisline.ca  
24/7 mental health support for individuals 16 and older.
- Suicide Crisis Helpline**  
9-8-8  
www.988.ca  
24/7 support for anyone thinking about suicide or worried about someone else.
- Kids Help Phone**  
1-800-668-6868  
Text CONNECT to 686868  
www.kidshelpphone.ca  
24/7 support providing a safe space to be heard and connect with mental health resources.
- Youth Crisis Line**  
1-877-377-7775  
www.ysb.ca  
24/7 crisis line and chat for children, youth (0-17), and those supporting them.
- Poison Centre**  
1-800-268-9017  
24/7 advice on exposure to poisons or chemicals.

**General Supports**

- GR OHT Connect to Services**  
www.groht.ca/connect-to-services  
Find services by location, search by category & send your own referral.
- 211**  
2-1-1  
211ontario.ca  
24/7 service connecting people to services in over 150 languages.
- Ontario Caregiver Organization**  
1-833-416-CARE  
ontariocaregiver.ca  
One-stop resource to support you in your caregiving role.

**Health**

- Health Care Connect**  
1-800-445-1822  
ontario.ca/healthcareconnect  
Find a family doctor or nurse practitioner. Register online or call to get started.
- East Region Virtual Care Clinic**  
1-888-684-1999  
www.virtualcareontario.ca  
Provides virtual care appointments for Eastern Ontario residents, 7 days a week from 1-9 p.m. For non-emergency health concerns.
- Eastern Ontario Health Unit**  
1-800-267-7120  
www.eohu.ca  
Offers public health services and information on vaccines, mental health, child development, food and water safety, and more for Eastern Ontario.
- Ontario Health atHome**  
1-800-538-0520  
www.ontariohealthathome.ca  
Coordinates home and community care in Eastern Ontario. Nursing, therapy, personal support, and long-term care placement, all OHIP-covered.

## COULD REMOTE CARE MONITORING (RCM) HELP YOUR PATIENTS?



St. Joseph's Continuing Care Centre's Remote Care Monitoring (RCM) helps keep patients safer, healthier, and at home. RCM provides real-time monitoring, triage alerts, and enables early interventions to prevent avoidable ED visits or readmissions.

It is particularly valuable for frail or high-risk patients, especially those recently discharged or experiencing changes in their condition. By managing routine monitoring, RCM frees up clinical capacity in primary care practices and supports smoother care transitions.

For any questions or to learn more, please contact [sleroux@sjccc.ca](mailto:sleroux@sjccc.ca).

**[Click here for more information and to access the referral form.](#)**

# NEW ONTARIO HEALTH ATHOME PARENTERAL THERAPY REFERRAL FORM AND FIRST DOSE PARENTERAL MEDICATION SCREENER

Ontario Health atHome is introducing updated organization-wide clinical infusion services policies, procedures and forms aimed at promoting reliable, consistent, safe and equitable patient care across the province. Developed in partnership with primary care, nursing service providers, and infusion service vendors, implementation of the new documents will occur using a phased approach, beginning in November 2025 with completion targeted for March 2026.

A **new Parenteral Therapy referral form** and **First Dose Parenteral Medication Screener for Adults** are available to use for patients receiving home care services.

**[Click here to learn more.](#)**

## Holiday Wishes



May this holiday season bring you rest, laughter, and time to enjoy the people and moments that matter most. We look forward to another year of growth, teamwork, and positive impact together!



Free Online  
**Workshops**

CHAMPLAIN HOSPICE PALLIATIVE CARE PROGRAM | PROGRAMME SOINS PALLIATIFS CHAMPLAIN

The Waiting Room **REVOLUTION**

Helping Patients Face a Serious Illness: Virtual education for health care providers

Thursdays, January 22 and February 5, 2026, 1:00-2:30 p.m.

Speakers  
Drs. Hsien Seow and Samantha Winemaker, founders of the Waiting Room Revolution.

# Tali+

Paperwork just got easier. With Form Filling in the Tali web app, clinicians can complete forms faster, pull patient and provider info directly from encounters, add notes by voice or text, review and securely download forms, and access a growing library of commonly used Canadian clinic forms.

**[Click here to learn more.](#)**

## ONTARIO HEALTH BULLETIN

Curious about the latest work happening in OHTs across the province? Want to stay informed of provincial changes that could impact your practice?

**[Subscribe to the Ontario Health Bulletin today.](#)**

**[Click here to read the December 2025 issue.](#)**