




Health Service Access for Non-Emergency Care

If possible, always contact your Family Doctor or Nurse Practitioner first for service.

Emergency Medical Concerns


If you are experiencing a health emergency head directly to your local hospital emergency department or call  **9-1-1**.


Non-Emergency Health Concerns (OHIP Covered)

Health811

Receive advice from a nurse, ask questions about symptoms, find local services and get health information.

 health811.ontario.ca


 811 (TTY: 1-866-797-0007)


 24/7

East Region Virtual Care Clinic

Connect virtually (phone or video) with a nurse practitioner if you need access to timely care.


 virtualcareontario.ca


 1-888-684-1999

 7 days a week | 1pm – 9pm


In-Person Walk-In Clinics


Pitt Street Medical Centre

 1331 Pitt St, Cornwall

 613-932-6163


IDA Pharmacy

 107 Sydney St, Cornwall

 343-885-0555

Specialty Primary Care Service 80+

If you are 80+ living between Cornwall and Bainsville, and are WITHOUT a family doctor or nurse practitioner, contact The Elderhood Care Team for OHIP-covered, house-call physician services.

 343-585-1194


Pharmacist Prescribing

Many local pharmacies have pharmacists who you can consult to provide treatments for minor ailments that don't require a primary care visit first. Check with your pharmacy about what they offer.

Health Care Connect

Get help to find a family doctor or a nurse practitioner within your community.

 hcc3.hcc.moh.gov.on.ca

 1-800-445-1822


 24/7

Serving Akwesasne Community Members or Local First Nations Individuals

Primary Care – Booked and Same-Day Clinics by appointment:


Akwesasne Medical Clinic


 31 Hilltop Drive, Akwesasne

 613-575-2341 ext. 3215

 Monday to Friday | 8am – 5pm

Kawehno:ke Medical Clinic

 91 Tewasateni Rd, Akwesasne

 613-932-5808

 Monday to Friday | 8am – 5pm




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Other options not included in this list are also available.

Other Virtual Care (OHIP Covered and PAY PER USE Options)

TelemedMD+ (OHIP Covered)

 www.telemedmd.ca
 1-888-350-2323
 Monday to Friday | 8:30am to 4:30 pm





Go To Doctor (OHIP Covered)

 www.gotodoctor.ca
 1-833-820-8800
 24/7




Cover Health (OHIP Covered)

 www.cover.health
 1-855-943-3255
 Monday & Tuesday | 9am – 7pm
Wednesday & Thursday | 9am – 8pm
Friday | 9am – 7pm
Saturday | 9am – 4pm




Walmart (PAY PER USE)

Nurse clinic at Walmart (paid health system navigation service).
 420 Ninth St West, Cornwall
 www.fhtt.as.me/cornwall
 613-703-7373
 Monday to Friday | 9am to 5pm

Tia Health (OHIP Covered)



 www.tiahealth.com
 1-844-322-8806
 Every day | 6am – 11pm

Others (PAY PER USE)

 www.rocketdoctor.ca
 www.getmaple.ca
 telus.com/en/health/my-care

Cancer Screening for People Without a Family Doctor or Nurse Practitioner

To **book an appointment** for cancer screening, scan the QR code or Google search:




 [Champlain Screening Outreach Program](#)
 1-833-551-4125



Mental Health, Addictions and Substance Use Health Concerns

Suicide Crisis Helpline 9-8-8

A safe space to talk 24/7.

 www.988.ca
 9-8-8
 24/7

AccessMHA

Find mental health, addictions and substance use health support, services and care.

 www.accessmha.ca

Visit the Great River Ontario Health Team's Website!

Find the services to keep you and your loved ones safe, healthy and supported:

www.groht.ca



@GreatRiverOHT   